

Bully Prevention Seminar

FREE!!!

**Saturday, February 25th
10 AM - 12 PM**

Open to all students, friends, and families

Learn the steps to defending against a Bully:

PREVENT – Learn to recognize bully behavior and stop it before it starts.

PREPARE – Know the skills it takes to defuse a potential confrontation while walking away.

PROTECT – Protect yourself by learning valuable self-defense skills and having the confidence to set boundaries.

Parents: Don't let your child be a victim of bullying! In this workshop, participants will learn NON-AGGRESSIVE methods to AVOID conflict and stay safe. Register your child today in this FREE bully prevention seminar. *Recommended ages 5 - 12 yrs*



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